Digital Security Tips

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Agenda

Use Technology to Stay Safer

Secure Your Browser and Search the Internet Safely

E-Mail Safety Basics

Passwords Made Easy

Sharing Photos Safely

Use Technology to Stay Safe

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Quick Tips

Protect your computer

Keep your stuff updated

Secure your networks

- Turn on your firewall. (Windows Ctrl Panel/Mac Sys Preferences)

- Install antivirus and anti-spyware software and set to automatically update. Examples: Avast, MalwareBytes, McAfee

- Set your system so that it auto-matically checks for, and installs, software updates for your OS and browsers.

- Check your security settings on your home wireless networks AND change the default passwords on you IOT devices (thermostats, security doorbells/cameras, refrigerators, smart devices like Alexa)

Secure Your Browser and Search the Internet Safely

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Quick Tips

Use reputable browsers and search engines

- Use Edge, Firefox, or Chrome

- Duck-Duck-Go search engine

- Don't save passwords

- If you get a notification from your antivirus/malware program that a site you are trying to visit is unsafe, don't go there.

- If a site asks you to change your browser settings in order to "improve your experience," ignore the request and use a different website.

E-Mail Safety Basics

Quick Tips

- Don't share PII. Use encryption.

- Set up spam filters

- Don't save passwords

- Think twice before you open attachments or click links in e-mail.

- Use the Bcc line to protect people's privacy

Passwords Made Easy

Quick Tips

- use at least 8-10 characters
- include uppercase letters
- special characters (such as @ or :)
- and numbers

Use a phrase, incorporate shorthand, or use the site to give you clues:
✓ 2BorNot2B? (to be or not to be)
✓ It's@MyBank (it's at my bank)
✓ Matt6:9-13 (Biblical verse)

https://www.valdosta.edu/administration/it/security/choosing-password.php

Use a password manager:

LastPass, Keeper, Dashlane, or 1Password

Sharing Photos Safely

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Quick Tips

What information are you sharing: age, socio-economic status, location, etc.

- Don't use a front-facing photo as a profile picture
- Turn off location services on your device